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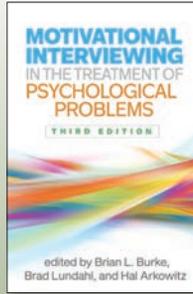
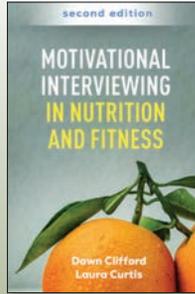
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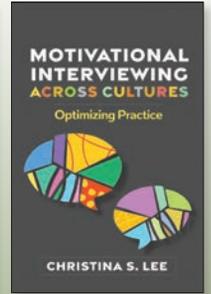
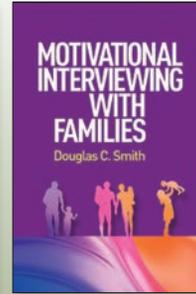
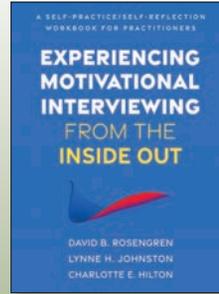
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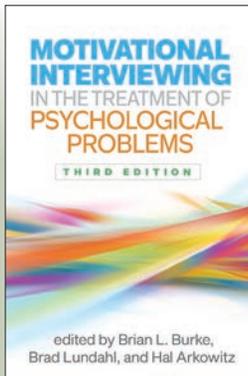
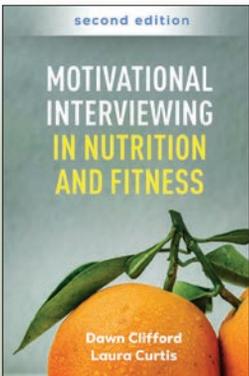
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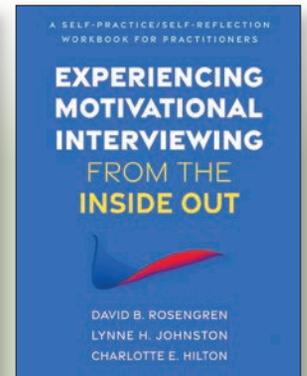
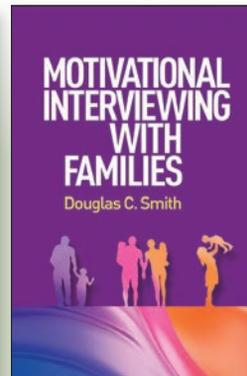
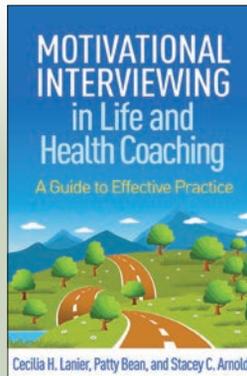
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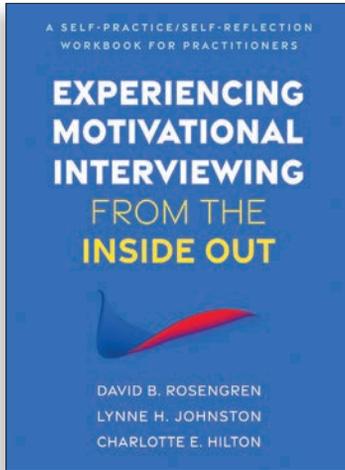
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#### ABOUT THE AUTHORS

**David B. Rosengren, PhD**, is President and CEO of the Prevention Research Institute, a private nonprofit organization in Lexington, Kentucky.

**Lynne H. Johnston, PhD, DClInPsych**, is a consultant clinical psychologist in the National Health Service and in private practice in the United Kingdom.

**Charlotte E. Hilton, PhD**, is a Chartered Psychologist in the United Kingdom with expertise across health, social care, and high-performance sport settings.

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## Experiencing Motivational Interviewing from the Inside Out

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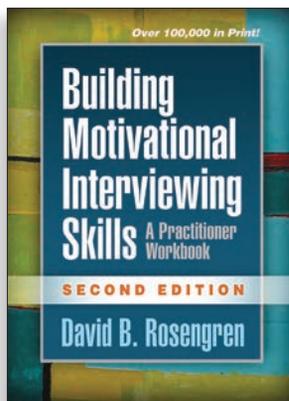
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—Jacinta M. Jiménez, PsyD

“Beyond using smart techniques, supporting change requires true experiential connection in sessions. Rosengren and colleagues have opened up the black box of expert therapists. Through clear explanations and practical exercises, this powerful book provides an impactful roadmap for anyone looking to deepen their MI skills.”

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—Joyce Faraj-Ardura, PhD, MS, RDN, LDN

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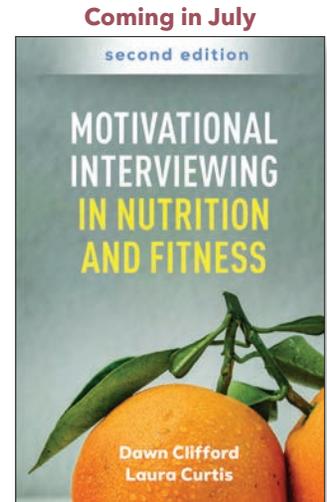
This book offers the first comprehensive guide to adapting MI skills to engage families—including reluctant members—in therapy and mobilize family-level change processes. Extensive annotated sample dialogues show how MI can be integrated with any therapy approach for families struggling with mental health problems, addictions, relationship challenges, difficult life transitions, or other concerns. Special features include boxed sidebars, reflection questions, and practice exercises. The **Appendix and companion website provide links to additional helpful resources for using MI with families.**

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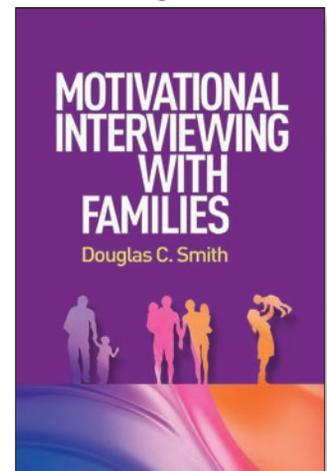
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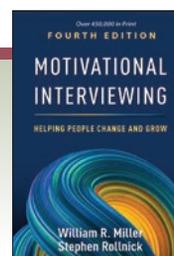
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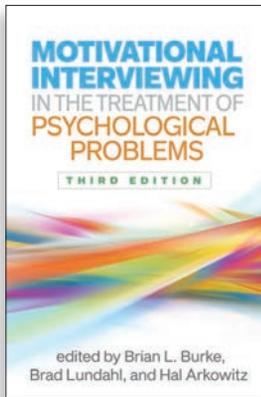
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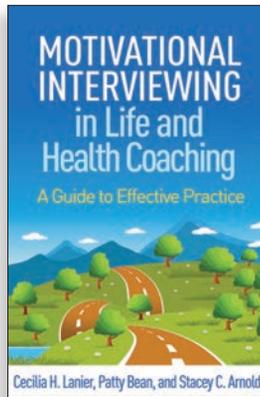
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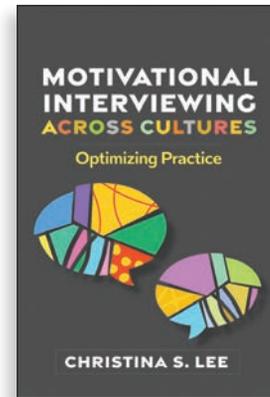
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